



		MONTAG		DIENSTAG		MITTWOCH		DONNERSTAG		FREITAG	
Soup of the day	€ 2,20	Clear vegetable soup linseed sponge		Yellow carrot soup		Clear vegetable soup spinach spätzle		Creamy herb soup		Clear vegetable soup noodles	
Soup Deal	€ 3,90	Spinach and lentils stew 1 piece of bread				Potato-sausage-goulash 1 piece of bread					
Powered by plants 100% vegan		Planted paprika "geschnetztes" wild garlic spätzle	€ 5,40 DEAL DES TAGES	Plant based "minced roast" mashed potatoes jus roast onions	€ 6,80	Vegetable-lentils bread dumpling	€ 5,40 DEAL DES TAGES	Vegetable-potato-fry pumpkin seeds wild garlic	€ 7,60	Chickpea-vegetable-curry bulgur	€ 5,40 DEAL DES TAGES
Meaty		Pork Steak rice with green beans rosemary jus	€ 7,20	Homemade penne beef bolognese	€ 5,40 DEAL DES TAGES	Fried schnitzel of turkey parsley potatoes	€ 8,60	Red Turkey Curry beans vegetable rice	€ 5,40 DEAL DES TAGES	Fried coalfish parsley potatoes Sc. Tartare	€ 7,60
Pasta & Co	€ 7,50	Homemade tagliatelle (A)		Homemade tagliatelle (A)		Homemade penne (A)		Homemade penne (A)		Homemade penne (A)	
	€ 7,80	Cannelloni filled with wild garlic (A,G) <i>tomato sauce or wild garlic pesto</i>		Cannelloni filled with wild garlic (A,G) <i>tomato sauce or wild garlic pesto</i>		Ravioli filled with asparagus (A,G) <i>tomato sauce or wild garlic pesto</i>		Ravioli filled with asparagus (A,G) <i>tomato sauce or wild garlic pesto</i>		Ravioli filled with asparagus (A,G) <i>tomato sauce or wild garlic pesto</i>	
Bowls & Co		Create your own...Bowl Wrap € 7,50				Special Topping € 1,60					
Salad Deal	€ 3,90	Mixed salad bowl 1 piece of bread									
Global & Grill		Hummus-plate falafel or turkey shawarma	falafel € 7,20 turkey € 8,60	Teppanyaki turkey asian veggies rice teriyaki sauce	€ 8,60	Bao Buns Pulled Pork <u>or</u> Planted Pulled BBQ	€ 7,90	Mensa Burger fries Beef <u>or</u> Planted 'Crispy Chicken style'	€ 8,90	STOP FOOD WASTE DAY	€ 5,40

SUBJECT TO ALTERATIONS!

HIER ISST MAN RICHTIG **FRISCH**